



GOOD HEALTH AND WELL-BEING

The Health and Wellbeing Goals aim to promote healthy living and overall well-being for individuals of all ages. This includes a focus on various aspects of healthy living and the adoption of healthy lifestyles. DNC is one of the universities approved by the Ministry of Education and Training to offer programs in the medical field. Furthermore, DNC is listed on the prestigious WDOMS (World Directory of Medical Schools) website as meeting the criteria for medical universities, solidifying its reputation as a recognized institution for medical training worldwide.

DNC and Nam Can Tho Hospital are committed to promoting the health and well-being of the entire community, including staff, lecturers, employees, and students. This dedication is demonstrated through a variety of initiatives aimed at increasing access to healthcare services, reducing inequality, and promoting health equity. Our research activities, support services, and partnerships with social organizations have all contributed to improving the overall quality of healthcare and addressing disparities in access for both students and local residents. Each year, the DNC and Nam Can Tho Hospital collaborate to organize general health check-ups for staff, lecturers, employees, and new students, providing an opportunity for individuals to monitor their own health and prevent potential illnesses. In 2023, DNC and Nam Can Tho Hospital conducted over 700 health check-ups for staff, lecturers, and employees, as well as more than 6,000 health check-ups for students.

DNC also offers preferential policies for staff, lecturers, and students who receive medical examinations and treatment at Nam Can Tho Hospital. Additionally, DNC implements policies to purchase health insurance and accident insurance for over 1,000 staff, employees, and lecturers at DNC. DNC actively encourages students to participate in community service and volunteer work to raise awareness about inequalities in healthcare. In response to the COVID-19 pandemic, DNC has collaborated with relevant agencies to organize COVID-19 vaccinations for all staff, lecturers, employees, and students. Furthermore, DNC has established a 24/7 medical team and donated COVID-19 test kits worth over 500 million VND to Can Tho City. It has also contributed over 1 billion VND to the fund for COVID-19 prevention and control and natural disasters in the Mekong Delta, among other efforts.



700 health check-ups for staff and lecturers in 2023



6,000 health check-ups for students



1,000 staff and lecturers provided with health and accident insurance



500 million VND donated for COVID-19 test kits

VOLUNTEER BLOOD DONATION ACTIVITIES

At the Blood Donation Festival, Nguyen Quang Minh, a student at DNC, expressed, *"Donating blood to save lives is a meaningful and compassionate act. This is my second time donating blood and I am filled with joy and satisfaction knowing that I am contributing to saving lives. If I am healthy enough, I will continue to participate in this activity in the future."*

Thanks to the Red Cross's active and effective mobilization, 134 units of blood were collected in Phong Điền District during this event.



PERIODIC HEALTH CHECK-UP FOR UNIVERSITY STAFF AND LECTURERS

The annual health check-up program is organized for all staff, lecturers, and employees. This comprehensive check-up includes clinical examination in specialties such as Internal Medicine, Surgery, Obstetrics (for female staff), Eyes, Ear, Nose and Throat, Dentistry, and Dermatology. Additionally, paraclinical tests including hematology, biochemistry, and urine tests are conducted. A chest X-ray is also included in the check-up.



Organizing periodic health check-ups is a practical and meaningful activity, demonstrating the concern of DNC for the health of its staff, lecturers and employees. This is also an opportunity for everyone to detect diseases early, have timely treatment measures, contributing to improving health, quality of life and completing assigned tasks well. In parallel, the DNC also has preferential policies for staff, lecturers, employees and relatives when examining and treating at the Hospital with a reduction of 10-50% of costs.

PSYCHOLOGICAL CONSULTATION: A JOURNEY WITH DNC STUDENTS

We at DNC are proud to be not only a place to provide professional knowledge, but also a second home, where students can seek spiritual support throughout their studies. Understanding the pressures and challenges students face, the university has implemented a "Free Psychological Counseling Service" to accompany and help students overcome all difficulties.



HEALTH CHECK-UP FOR STUDENTS AT NAM CAN THO UNIVERSITY HOSPITAL

The student health check-up is a crucial activity that aims to identify any early signs of abnormal diseases. This allows for effective monitoring, control, and prompt handling, ultimately ensuring the optimal health of students. This activity holds great significance in the overall chain of healthcare activities for DNC students in recent years. During the check-up, students undergo examinations and screenings for various health issues, including:

- Pulse, temperature, blood pressure, height, BMI weight status
- General Internal and External Health.
- Dental conditions
- Eye conditions
- Ear, Nose and Throat conditions



THE HEALTH TOURISM MODEL IS OPERATED AND DEVELOPED BASED ON DNC ECOSYSTEM PLATFORM

Tour programs are built based on the needs, schedules and sightseeing preferences of tourists: The tour schedule helps tourists save time for health check-ups and can participate in sightseeing, relaxation and healing activities outside the hospital. Tourists will be served based on DNC ecosystem, served with accommodation at DNC Resort with 10 bungalows along with many outstanding amenities such as swimming pools, convenience stores, serving the needs of tourists promptly and with the best quality.



DESIGN AND MANUFACTURE SPECIAL ELECTRIC VEHICLES TO HELP THE DISABLED AND THE ELDERLY MOVE EASILY ON CAMPUS

In Vietnam, individuals with disabilities and older adults often encounter numerous obstacles when it comes to transportation, public facility, and accessing healthcare and other social services. As a result, there has been a growing focus on projects aimed at improving opportunities and elevating the status of these individuals in our country. The goal of these projects is to eliminate barriers and promote their integration, ultimately leading to the adjustment of national policies to better support individuals with disabilities and older adults in their ability to participate in society and access public facilities.



Research, design and manufacture the model of 2-seater electric cars



CONNECTING KNOWLEDGE WITH LECTURES BY MEDICAL EXPERTS AT HUE CENTRAL HOSPITAL

This is a valuable opportunity for students to acquire comprehensive and hands-on knowledge from seasoned medical professionals. By doing so, they can make a positive contribution towards the goal of enhancing the quality of training and healthcare.



DEVELOPING QUALITY HUMAN RESOURCES IN THE HEALTH SECTOR

DNC's mission of training health students with strong expertise and ethical values to serve their community is a practical step towards achieving sustainable development goals and creating a healthier society. In line with this goal, DNC has launched the "International Medical Activities" Program for Season 2 in 2023, building upon the success of the "DNC Medical Students' Luggage" Program from Season 1 in 2022. This program has gained recognition not only from DNC medical students, but also from students at universities nationwide with a background in medical training.

DNC NAM CAN THO UNIVERSITY

TỌA ĐÀM

USMLE VÀ BÁC SĨ NỘI TRÚ HOA KỲ

Khách mời: VMGs từ các Đại học Y khoa cả nước

THỜI GIAN: 10 GIỜ SÁNG NGÀY 28/05/2022 | TRÊN NỀN TẢNG ZOOM MEETING

Participants:

- B.S. Bessly Diễm Lê
- B.S. Nguyễn Hồng Thuái
- Chủ Tọa PGS.BS Phillip Trần
- TS.BS Phó Lý Minh Hoàng
- B.S. Chương Lê
- B.S. Võ Nguyễn Minh Phương
- B.S. Nguyễn Quỳnh Thư
- B.S. Nguyễn Lạc Hân
- B.S. Nguyễn Duy Tùng
- B.S. Mai Ngọc Thanh Ngân
- B.S. Ngô Đức Khảm
- B.S. Nguyễn Phương Thảo

CON ĐƯỜNG BÁC SĨ NỘI TRÚ HOA KỲ

NRMP | AAMC | AACOM | AMA | AOA

Main Residency Match®

Celebrate with us!

March 14-18, 2022

#Match2022

Zoom Meeting Participants:

- Quỳnh Thu Nguyễn
- Ngân Mai (Nancy)
- Kiem Nghiem (DUC KHIEM NGO)
- William Le